

CHILD SEDATION INSTRUCTIONS

Dr. Kenny St. Romain

Livonia Dental Clinic: 225-637-2364

Baton Rouge office: 225-924-7202

BEFORE APPOINTMENT:

1. Do not feed your child 4 hours prior to appt. The medicine can upset stomach. If necessary, the child may have light breakfast (toast/clear liquids 2 hrs prior). No dairy products (no eggs, milk, cheese).
2. Dress your child in loose comfortable clothes- no tights or tight pants.
3. Bring adult helper if possible- child will be drowsy and unable to walk on their own.
4. Routine medicines are acceptable morning of appt with a sip of water.
5. Please inform front desk of any changes in child's medical info. or new medications for patient.

AFTER APPOINTMENT:

1. Avoid dairy products and carbonated drinks (no milk, no soda) for 6 hours after appt. Keep child hydrated with water/Gatorade. COLD & SOFT FOODS ARE GREAT (popsicles, apple juice, Jell-O, soups, mashed potatoes)
2. Limit child's activities for remainder of day. Child will need to be monitored by an adult. Child will need assistance with walking. He/she will not be able to go to school or daycare.
3. Your child will be drowsy and may be irritable for the rest of the day. The medicine stays in child's system for 6-8 hours.
4. Your child's mouth will be numb in area where work was done. PLEASE WATCH THAT CHILD DOES NOT BITE OR SCRATCH LIPS, CHEEK, OR TONGUE FOR FIRST 2-4 HOURS AFTER TREATMENT. Children do not understand why they feel numb and may get upset.
5. It is common to have soreness after dental work. Children's Tylenol or ibuprofen is normally recommended. Please read label for dosage. If you feel your child is experiencing more discomfort than expected, please contact the clinic at above numbers. If after hours, follow instructions on recorder & leave message on emergency number. You will be contacted.